

2020 FALL FOOD DRIVE



Mesa View Elementary is participating in the “**Take a Bite Out of Hunger**” food drive. Burton Orthodontics has invited us to compete against other schools for the chance to win **\$1000** for bringing in the most food. Each class will be competing separately and the class with the most amount of nonperishable food items brought in will be part of a remote assembly and each student will get **to silly string the specials teachers!**

Students can bring the nonperishable food items to school and they will be stored in the gym for students to see. See back side for details. Items will be picked up at the end of the day on December 11th.

**MESA VIEW
ELEMENTARY**

NOV. 2ND- DEC. 11TH

**NON-
PERISHABLE
FOOD ITEMS**

Take a *healthy* bite out of HUNGER!

Food pantries in Mesa County depend on food drives like these to help our neighbors and friends who need a little extra food. Food pantries work hard to distribute healthy foods, and we would like to help.

\$1000 to the school that earns the most Healthy Food Points (points/number of students)



Protein-Rich Foods

Nut butters, dried or canned beans, canned tuna, chicken, salmon or ham



Soups or Chili

Low-sodium canned soups or stews, low-sodium chili with veggies



Low-Sugar Fruit

Canned fruit (low sugar), dried fruits, 100% fruit juices



Healthy Grains

Rice, pasta, low-sugar oatmeal, granola, or cereal (<8g sugars)



Vegetables

Canned vegetables, pumpkins or yams, all veggie soups, low sodium



Sometimes Foods

Foods high in sugar, fat or sodium
Eg: ramen noodles, cream soups, jelly

School Support

Help your students collect and categorize food items collected based on the system above.

Last Steps

Report your school's Healthy Food Points to Burton Orthodontics at (970)243-6455 or info@burtonorthodontics.com by Dec. 11, 2020. We love pictures, so feel free to send any pictures of the food, students, or point-tracking charts that you can share.

Deliver your food to the food pantry of your choice. Below are pantries that serve hundreds of people a month and can accept large donations. Please call and let them know when you will be coming so they can be prepared to accept the donation.

<p>Catholic Outreach</p> <p>245 S. 1st St (970)243-0091</p>	<p>Community Food Bank</p> <p>562 W. Crete Cir (970)640-0336</p>	<p>Clifton Christian Food Pantry</p> <p>615 I-70 B Loop (970)434-7392</p>	<p>Salvation Army</p> <p>1235 N. 4th St (970)242-7513</p>
---	--	---	---